



Saturday, September 21, 2019

Check-in/Walk-in Registration Begins at 9:00 a.m.

Race Starts at 10:00 a.m.

Awards Begin at 11:00 a.m.

RUN & WALK FOR THE ANIMALS!

Join us for a great cause benefiting wildlife rehabilitation and education.

REGISTER TODAY!

Please visit howellnaturecenter.org/5k
or call (517) 546-0249



Howell Nature Center

Heal. Grow. Be Wild!

1005 Triangle Lake Road | Howell, MI 48843
(517) 546-0249 | howellnaturecenter.org

Registration

Saturday, September 21, 2019



- 9:00 a.m. Race Day Registration & Packet Pickup with Live Wildlife Encounter PLUS Critter Craft Fair Featuring Goods Made by HNC Staff and Volunteers
- 10:00 a.m. Race Starts
- 11:00 a.m. Awards Ceremony

All proceeds from the event will support the Wildlife Rehabilitation and Education Programs at the Howell Nature Center.

COURSE

The moderately challenging, rustic course winds through 230 acres of wooded nature trails and access roads, all on the grounds of the Howell Nature Center. No dogs or strollers on the 5K course. Strollers BUT NOT dogs are welcome on the Little Critter Walk.

RESULTS

ChronoTrack chip timing by Newton Timing & Race Services.

REGISTER

Online: howellnaturecenter.org/5k

By mail or in-person with check or credit card:

Howell Nature Center
1005 Triangle Lake Road
Howell, MI 48843

All Fees Non-Refundable

AWARDS

5K Trail Run: Special awards for Overall and Masters male and female, plus top three finishers in 17 age/gender groups get medals. Age groups include: 6 & under, 7-10, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79 and 80+. **5K Trail Walk:** Non-competitive. **1 Mile Little Critter Walk:** Non-competitive, first 100 finishers receive a medal. *One t-shirt per entrant while supplies last.*

BIB NUMBER

Name _____

Address _____

Phone _____

Email _____

Date of Birth ____/____/____ Age on Race Day _____

Male Female

METHOD OF PAYMENT

Credit Card (All major Cards Accepted) Check

Credit Card # _____

Exp. Date _____ CVV # _____

Signature _____

SIGN UP FOR

	Before NOON on Sept. 13	After NOON on Sept. 13
<input type="checkbox"/> 5K Trail Run: Individual	\$30	\$35
<input type="checkbox"/> 5K Trail Walk: Individual	\$30	\$35
<input type="checkbox"/> 1 Mile Little Critter Walk: Individual	\$15	\$20

I would like to add a donation of \$ _____
in support of Wildlife Rehabilitation and Education.

TOTAL \$ _____

T-SHIRT SIZE

Youth M Youth L Adult S Adult M
 Adult L Adult XL Adult XXL (Add \$2)

One t-shirt per entrant while supplies last.

INTERESTED IN VOLUNTEERING OR SPONSORING? Contact Marie Skladd at (517) 376-9340 or maries@howellnaturecenter.org.

In consideration of my participation in this event, I for myself, my heirs, executors, and administrators, waive all rights and claims for damages I may have against the Howell Nature Center, the sponsors of this event, their agents, representatives, successors, and assignees for any and all injuries suffered by me at said event, or which may arise out of my traveling to, participating in, and returning from this event. I further state that I am in proper physical condition to compete in this event. No refunds. I also authorize the Howell Nature Center to utilize my photograph, video or recordings of my participation of this event for any and all purposes.

Athlete (or Parent, if Under 18) **MUST SIGN** _____ Date _____

